



## Job Description: Physiotherapist

### **Physiotherapist – Mobile Geriatric & Complex Care (Part-Time Contractor)**

**Location:** Victoria / Saanich, Vancouver Island, BC

### **About the Practice**

Julie Hjelm Physiotherapy is a mobile rehabilitation clinic serving seniors and people with mobility challenges across Victoria and surrounding areas. We provide in-home physiotherapy to individuals with **complex health needs**, supporting mobility, independence, and quality of life across private homes, independent living, long-term care, and memory care settings.

Our approach is functional and fitness-forward, grounded in helping patients maintain meaningful independence within the realities of aging, comorbidities, and changing health status.

### **The Role**

We are seeking an **experienced physiotherapist** to deliver care in a fully mobile, community-based setting.

This role involves working **independently in patients' homes**, often with **medically complex seniors**, without on-site physiotherapy support. It is best suited to clinicians who are confident managing uncertainty, making autonomous clinical decisions, and adapting care in dynamic environments.

### **Clinical Population**

You will commonly work with:

- Frail seniors with **multiple comorbidities** (cardiometabolic, neurological, MSK overlap)
- Post-hospital discharge and deconditioning
- Falls risk, mobility decline, and balance impairments
- Cognitive impairment (e.g., dementia) impacting treatment planning
- Clients with environmental and social barriers to care

## Key Responsibilities

- Independently assess, diagnose, and manage patients in home and residential care settings
- Develop and adapt individualized treatment plans based on complex and evolving presentations
- Prescribe and progress functional exercise programs tailored to real-world environments
- Identify clinical red flags and determine when escalation or referral is required
- Communicate effectively with families, caregivers, and interdisciplinary providers
- Coordinate care with kinesiologists and other team members as appropriate
- Maintain clear, timely, and defensible clinical documentation

## Qualifications

### Required:

- Registered Physiotherapist in good standing with CHCPBC
- Minimum **2+ years of relevant clinical experience**, ideally including:
  - Community or home health physiotherapy
  - Hospital (acute care, rehab, or discharge planning)
  - Geriatrics and/or neurological populations
- Demonstrated ability to manage **complex patients independently**
- Strong clinical reasoning, time management, and risk assessment skills
- Valid driver's license and access to a vehicle

**Please note:** This role is **not suitable for clinicians requiring close on-site supervision.**

## What We Offer

- Flexible scheduling and control over your caseload
- Competitive contractor model (**70% fee split**)
- **Structured clinical support**, including case discussion and access to senior consultation when needed
- Opportunity to work with a meaningful and underserved population

## Why This Role

This position is ideal for a physiotherapist looking to move beyond clinic-based care and apply their skills in a setting where clinical judgment, adaptability, and patient-centered care are essential.

## How to Apply

Please submit your resume and a brief cover letter outlining your experience with geriatric and/or complex patient populations and your comfort with independent practice.

Julie Hjelm Physiotherapy is committed to providing respectful, inclusive, and culturally safe care for all clients.