

PHYSIOTHERAPIST CONTRACT OPPORTUNITY

Physiotherapist – Flexible Mobile Practice

Experienced Physiotherapists and New Graduates Welcome

Join a collaborative mobile rehabilitation practice supporting older adults where they live.

CONTRACT	LOCATION	SCHEDULE
Part-time independent contractor	Greater Victoria	Flexible caseload and availability

About the practice

Julie Hjelm Physiotherapy provides in-home rehabilitation to seniors and people with mobility challenges in the Greater Victoria region. We work in private homes, independent living, assisted living, long-term care, and memory care settings. Our approach is functional and exercise-focused, with the goal of helping each patient maintain mobility, safety, and meaningful independence.

About the opportunity

We are looking for a physiotherapist who values practical, patient-centred care and enjoys working with older adults. The opportunity is open to both experienced physiotherapists and newly licensed clinicians. Experienced physiotherapists can begin with an independent caseload, while newly licensed physiotherapists receive a structured transition into mobile practice.

Two pathways into the role

Experienced physiotherapist	Newly licensed physiotherapist
For physiotherapists ready to manage a complex mobile caseload independently. 70 percent fee split from the start - Orientation tailored to your experience - Case consultation and ongoing peer support	For early-career physiotherapists building confidence in community-based practice. 60 percent during the first year 65 percent after the first year 70 percent after the second year - Structured onboarding and continuing mentorship

The clinical work

- Assess and treat older adults and people with mobility impairment in their homes and residential care settings
- Develop and adapt individualized plans for complex and changing presentations
- Prescribe and progress functional exercise, balance, gait, and mobility programs
- Identify red flags and determine when referral or medical follow up is required
- Communicate clearly with patients, families, caregivers, and other providers
- Coordinate care with our kinesiologists and physiotherapists when appropriate
- Complete clear and timely clinical documentation

Support for newly licensed physiotherapists

The first two months are designed to build confidence and independence in home-based care. Progression is guided by clinical readiness, so a stage may be adjusted when additional support would be helpful.

Timing	Stage	Support
First month	Supported visits	Julie accompanies you during patient visits. You gradually take the lead while receiving direct feedback on assessment, treatment, safety, communication, and documentation.

Timing	Stage	Support
Second month	Nearby support	You conduct visits independently while Julie remains physically nearby and immediately available. Selected visits can still be completed together when helpful.
After two months	Independent caseload	You manage your own caseload with access to mentorship as needed, scheduled case reviews, and regular check-ins.

What we are looking for

- Registration in good standing with the College of Health and Care Professionals of BC
- Sound clinical reasoning and a commitment to safe, evidence-informed practice
- Interest in older adult, neurological, post-hospital, or community rehabilitation and comfort communicating with families and care teams
- Strong organization, time management, and documentation skills
- A valid driver's licence, access to a reliable vehicle, and willingness to travel between patient homes

What we offer

- Control over your availability, caseload size, and preferred service area
- Established referrals, administrative support, and geographic scheduling that aims to reduce unnecessary driving
- Collaboration with an experienced team of physiotherapists and kinesiologists
- Structured onboarding, continuing mentorship, and case discussion
- Meaningful work with an underserved population

How to apply

Please send your resume and a brief introduction to info@juliehjelmphysio.com. Tell us about your clinical interests, any experience with older adults or complex care, and what you would value in a contractor opportunity.

Julie Hjelm Physiotherapy is committed to respectful, inclusive, and culturally safe care for every patient.